Minnesota State University Moorhead

NURS 610: Health Promotion and Disease Prevention

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This core course reviews theoretical foundations and research-based interventions related to health behavior, health promotion and disease prevention. Students critically examine patterns of health behaviors, risk assessment, lifestyles, developmental stages, sociocultural, psychological, and spiritual contributions to well-being. The role of nursing is addressed as related to systems and community change to prevent disease and enhance health at the community level.

B. COURSE EFFECTIVE DATES: 01/10/2011 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Defining health, disease, prevention and holistic health care within advanced nursing

D. LEARNING OUTCOMES (General)

1. Analyze and integrate theories and paradigms of health promotion, health behaviors, nursing and public health.
2. Formulate evidence-based interventions to promote the well-being of clients at the individual and systems levels.
3. Evaluate and influence public policy related to health promotion at the systems' level to improve population health.
4. Analyze ethical issues associated with healthcare decision making related to the assessment and management of health conditions at the population level.
5. Propose assessment, monitoring, and evaluation strategies for health promotion and disease prevention.
6. Evaluate the interactions of developmental stages, lifestyle, sociocultural, psychological, physiological and spiritual factors on the well-being of an individual, family, community and nation.
7. Articulate methods, tools, performance measure and standards related to assuring quality within health promotion and disease prevention foci.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted