

S P R I N G 2 0 1 5

The CNSA Outreach

Volume 1, Issue 2



Greetings Alumni, Students, Colleagues, and Friends of the CNSA Program,

At the end of an academic year, I find time to reflect and celebrate all of the amazing academic achievements and accomplishments, both of our students and faculty. Our 20 graduates this past year have displayed grit, humility and heart in both their professional and personal lives. We are proud of all of you and wish you the best! CNSA students and faculty have participated and presented in numerous local, state and national conferences and workshops throughout the year, including NACADA, MCPA, NDCA and MSCA to name a few. Throughout the newsletter, you will see many other reasons why we have Dragon Pride for our students and faculty! Please join me celebrating the 2014-2015 academic year! Lisa

Faculty

Dr. Lisa Karch
Program Coordinator

Dr. David Paul
Assistant Professor
Clinic Coordinator

Amber Bach Gorman
Adjunct

Marlys Borkhuis
Adjunct

Becky Boyle Jones
Adjunct

Taryn Akgul
Adjunct

Nancy Tisor
Adjunct



Save the Date!

Summer Classes Begin

5/20/15

Order those textbooks and get ready for some summer learning!

Fall Classes Begin

8/24/15

We are excited to welcome **23** new students to the program!

50 Year Celebration

10/16/15

Mark your calendar for CNSA's 50 Year Celebration!
More info to come.

Alumni & Friends Social

March 27, 2015

2015 Alumni Achievement Award

Lorraine Albrecht (top left) was the second recipient of our CNSA Alumni Achievement Award. The Alumni Achievement Award recognizes an alumnus/alumna who has aided in our program's success and/or has made outstanding contributions to their field. Lorraine has been a school counselor for nine years, four of which have been at Westside Elementary in West Fargo, ND. She is currently perusing her Ph.D. in Counselor Education and Supervision at NDSU. Congrats Lorraine!

Distinction in Engagement Scholarship

The *Distinction in Engagement* Scholarship is awarded at the social each year to CNSA students who have contributed to the program, field, and community. The 2015 recipients were Alizabeth Gaddie (left) and Lori Vigesaa (right). Congratulations to both of these ladies on their accomplishments!

2015 Hooding Ceremony

May 15th, 2015

Saying Good-bye to Our Graduates

On Friday, May 15th, 2015 the CNSA program said farewell to 17 Counseling and Student Affairs graduates at the Eastgate Event Center in Moorhead. The Hooding Ceremony brought in more than 90 guests to celebrate the accomplishments and achievements of the 2015 graduating class. Many graduates have already found jobs in their prospective areas. Congratulations to the CNSA Class of 2015!!!





Community Outreach Center

During the 2015 spring semester:

- 9 practicum & 10 internship students obtained their hours in the COC
- 124 clients had intakes
- 368 sessions (including intakes) occurred
- The COC served multiple ages of community residents and college students on a variety of concerns

Welcome Ken Messina!

We are excited to welcome Ken Messina (top right) to the CNSA program as a new faculty member! Professor Messina holds a Master's degree in Community Counseling from Slippery Rock University in Pennsylvania and is currently completing his doctoral coursework in Counselor Education and Supervision at Duquesne University in Pittsburgh. Ken has been working in the mental health field for 16 years and has been adjunct teaching in the counseling programs at Slippery Rock University and Duquesne University for the past 3 years. Ken will be joining us in the fall as Dr. Messina!

Faculty Fun Facts.... with Dr. Karch and Dr. Paul



If you weren't a counselor or student affairs professional, what would your career be?

Dr. Karch: Massage Therapist.. Do you see a theme? ☺

Dr. Paul: I think I would enjoy being a crop farmer. I enjoy being outside, using my hands, digging in the earth, using tools and watching things grow. I like being engaged in nurturing living things and watching them grow.

What has been the biggest challenge you have been presented with during your career?

Dr. Karch: Being a program of one faculty member but now I have a partner in crime - Dr. Paul!

Dr. Paul: Sometimes college students become "caught up" in their own thoughts, behaviors, and feelings that sidetrack their progress learning and obtaining their degrees. Sometimes it's frustrating as a Counselor Educator to witness students struggling with problems of their own making. Sometimes students have even tried to blame me when I try to help them. I always want to help but I have learned not to be paternalistic and let them own their experiences.



Congratulations!!

2014 - 2015 Graduates (below)

Kayla Armstrong	Megan Hoyer
Brandi Bitz	Katie Kelly
Khulude Bukhari	Catherine Kippely
Kayla Eisenbarth	Andrea Mann
Heidi Fiechtner	Kathleen McNabb
Alizabeth Gaddie	Jessica Migler
Nancy Githii	Katie Oman
Brittany Hanson	Katherine Staszko
Melynda Heying	Kari Swoboda
Christine Hollermann	Lori Vigasaa

Alumna Jackie (Hendricks) Pew

Jackie (below) was named the 2015 Outstanding Professional School Counselor at the annual South Dakota Counseling Association Conference. Congratulations Jackie!!



2015 NDCA/MSCA Presenters (below)

Heidi Fiechtner – *Building Resilience in Middle School Students: Integrating Positive Psychology in a School Counseling Curriculum*

Khulude Bukhari – *Assisting Refugees with Resettling in a New Community*

Katie Oman – *Enhancing School Counseling Utilizing Google Applications*

2015 – 2016 CSAO Officers (below)

President – Mara Wessel
Vice President – Hailey Gunderson
Treasurer – Andreana Pettersen
Secretary – Erin Edinger
Campus Liaison – Audrey Cloe
Department Liaison – Tyler Schepper
First Year Voice – Cory Schlack



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Alumni: Stay connected! We want to hear from you!
 Please share with us new jobs/accomplishments/awards.